



Department of Physical Education & Sports

I. PHYSICAL FACILITIES

A. OUTDOOR GAMES

PLAY FIELD	Area Details (Meters)		No. of Play Field	Play field with free zone	No. Of Equipment
	Length	Width			
VOLLEYBALL	18	9	4 courts	(24 x 15) 1440 Sq.Mts	10 Balls
FOOTBALL	65	100	1 field	(69 x 106) 7314 Sq.Mts	06 Balls
THROWBALL	18.30	12.20	I court	(24.6 x 16.3) 400.98 Sq.Mts	06 Balls
HANDBALL	40	20	I court	(46 x 26) 1196 Sq.Mts	10 Balls
TENNIKOIT	12.20	5.50	1 court	(16.20 x 9.50) 153.9 Sq.Mts	10
KABADDI	13	10	2 courts	(19 x 14) 532 Sq.Mts	-
KHO - KHO	27	16	1 field	(31 x 20) 620 Sq.Mts	-
CRICKET FIELD	Dia - 92		I field	(Dia 100) 7855 Sq.Mts	4 kits
CRICKET NETS	3	10	2 pitches	(8 x 22) 176 Sq.Mts	-
SHUTTLE BADMINTON	13.40	6.10	2 court	(30.80 x 16.20) 249.48 Sq.Mts	10
BALL BADMINTON	24	12	I court	(30 x 18) 540 Sq.Mts	18
PARALLEL BAR	25	12	1	(30 x 14) 420 Sq.Mts	-
HORIZONTAL BAR			1		
PUSH UPS BAR			1		
Total				20,897.6 Sq.mts 2,24,939.8943 Sq.fts 5.16 Acres	





B. INDOOR GAMES

INDOOR GAMES	Area Details		Available	Area Total (Sq.Mts)	No. Of Equipment
	Length	width			
Carom board	9.44	X	6.10	57.58 Sq.Mts	4 sets
Chess					10
Physical Education Department Room					1
Total				57.58 Sq.mts 619.79 Sq.fts	

C. GYM & FITNESS CENTER

EQUIPMENT	AVAILABLE	AREA DETAILS	
		Length	width
Treadmill	2	18.9	X
Elliptical machine	2		
Multipurpose station equipment	4 station		
Ab. Trainer	1		
Whole body vibrator	1		
Cycling machine	1		
Rowing machine	1		
Leg extensor machine	2		
Twister	1		
Spot vibrator	1		
Dumbbells	150 kgs		
Multipurpose rack	1		
Abs ladder	1		
Bench press	3		
Weight rods	8		
Weights	200 kgs		
Total		115.29 Sq.mts. 1240.97 Sq.fts	


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